Week 4: Tuesday, October 1st 2013

**Song 1: Dem Bones** <http://www.youtube.com/watch?v=Jpvuqj5nv6U>

Dem bones, dem bomes, dem dancing bones

Dem bones, dem bomes, dem dancing bones

Dem bones, dem bomes, dem dancing bones

Doin’ the skeleton dance

The foot bone’s connected to the leg bone

The leg bone’s connected to the knee bone

The knee bone’s connected to the thigh bone

Doin’ the skeleton dance

The thigh bone’s connected to the hip bone

The hip bone’s connected to the backbone

The backbone’s connected to the neck bone

Doin’ the skeleton dance

Shake your hands to the left

Shake your hands to the right

Put your hands in the air

Put your hands out of sight

Shake your hands to the left

Shake your hands to the right

Put your hands in the air

Wiggle wiggle wiggle wiggle Wiggle wiggle wiggle wiggle

Wiggle wiggle wiggle wiggle Wiggle wiggle wiggle ….

Wiggle your knees

Dem bones, dem bomes, dem dancing bones

Dem bones, dem bomes, dem dancing bones

Dem bones, dem bomes, dem dancing bones

Doin’ the skeleton dance

**Song 2: The Hokey Pokey** <http://www.youtube.com/watch?v=DkDff87CR9A>

You put your right hand in

You put your right hand out

You put your right hand in

And you shake it all about

*Chorus:*

You do the hokey pokey

And you turn yourself around

That’s what its all about

You put your left hand in

You put your left hand out

You put your left hand in

And you shake it all about

*Chorus*

You put your right foot in

You put your right foot out

You put your right foot in

And you shake it all about

*Chorus*

You put your left foot in

You put your left foot out

You put your left foot in

And you shake it all about

*Chorus*

You put your head in

You put your head out

You put your head in

And you shake it all about

*Chorus*

You put your whole self in

You put your whole self out

You put your whole self in

And you shake it all about

*Chorus*

**Game: Simon Says..**

This is really good game to get the children active and practicing their body parts. It can also be used to teach other things and just have fun!

**Monster Drawing**

Name:

Age:

Planet:

Special Powers:

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| --- |
|  |

**This is Me Song** <http://www.youtube.com/watch?v=QkHQ0CYwjaI>

Head, eyes, nose

Mouth, ears, chin,

Arms, hands, fingers,

Legs, feet, toes.

This…is….ME!

Here we GO!

My head, my eyes, my nose

This is ME!

My mouth, my ears, my chin

This is ME!

This is ME!

This is ME!

This…is….ME!

Arms, hands, fingers,

Legs, feet, toes.

My arms, my hands, my fingers

Count with me!

(clap) 1,2,3,4,5,6,7,8,9,10!

My legs, my feet, my toes

Count with me!

(stomp) 1,2,3,4,5,6,7,8,9,10!

This…is….ME!

Here we GO!

This is ME, This is ME, This is ME

This is ME

This is ME, This is ME

This…is….ME!

This is ME, This is ME, This is ME

This is ME

This is ME, This is ME

This…is….ME!